

**Quotations from the Second  
Vatican Council's Call to  
Holiness  
(Lumen Gentium, 39 ff.)**

"The Lord Jesus, divine teacher and model of all perfection, preached holiness of life (of which he is the author and maker) to each and every one of his disciples without distinction: "You, therefore, must be perfect, as your heavenly Father is perfect" (Mt 5: 48). For he sent the Holy Spirit to all to move them interiorly to love God with their whole heart, with their whole soul, with their whole understanding, and with their whole strength (cf Mk 12:30), and to love one another as Christ loved them (cf Jn 12:34; 15:12)."

"All Christians in any state or walk of life are called to the fullness of Christian life and to the perfection of love, and by this holiness a more human manner of life is fostered

also in earthly society."

"All Christians, in the conditions, duties and circumstances of their life and through all these, will sanctify themselves more and more if they receive all things with faith from the hand of the heavenly Father and cooperate with the divine will, thus showing forth in that temporal service the love with which God has loved the world."

**Collections:**

1 January	<i>World Peace Day</i>
2 January	<i>African Catechists</i>
6/9 January	<i>Our Mission</i>
23/30	<i>Our Mission</i>
16 January	<i>Family work in the church</i>
6/20/27 February	<i>Our Mission</i>
13 February	<i>Catholic schools</i>



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Thursday 9 a.m. – 1 p.m.

**January/February  
2011**

## WORD OF THE PRIEST

*Dear Brothers and Sisters,*

Blessed Cardinal John Henry Newman was asked what to do in order to be perfect, to become a saint. He gave the following advice:

- 1 "Do not lie in bed beyond the due time of rising.
- 2 Give your first thoughts to God.
- 3 Make a good visit to the Blessed Sacrament.
- 4 Say the Angelus devoutly.
- 5 Eat and drink to God's glory.
- 6 Say the Rosary well.
- 7 Be recollected.
- 8 Keep out bad thoughts.
- 9 Make your evening meditation well.
- 10 Examine yourself daily.
- 11 Go to bed in good time  
- and you are already perfect."

When I entered the seminary, the first spiritual advice we received was: "go to bed in good time", especially on Saturday evening, because the quality of our Sunday morning would very much depend on that. Later as a priest I have discovered how true this advice was and still is. "The morning after the night before" is either blessed or troubled.

To make a good visit to the Blessed Sacrament will be difficult for most of us unless we live in a rectory or near a church or monastery. But during the day we may have a chance to enter a chapel and spend some time near the Real Presence.

A Church which is open during the day is a source of blessing for many people.

"Be recollected", this seems to me to be more difficult than ever in our times. There are so many distractions everywhere, in the streets, in the media. So much noise, so many pictures, so many people ... But we need not open our doors to all these influences. We can choose. We must choose.

Let us take Newman's advice as a help on the road to Perfection in 2011.

*Father Herbert Gilllessen*

<b>Liturgy</b> <b>January/February 2011</b>
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All Saints / St Bernhard / St Albert

### JANUARY

<b>1</b>	<b>Blessed Virgin Mary, Mother of God</b>	---	11 a.m.	12 noon
<b>2</b>	<b>Epiphany of the Lord</b>	10 a.m.	11 a.m.	12 noon
<b>9</b>	<b>Baptism of the Lord</b>	10 a.m.	11 a.m.	12 noon
<b>16</b>	<b>Second Sunday in Ordinary Time</b>	10 a.m.	11 a.m.	12 noon
<b>23</b>	<b>Third Sunday in Ordinary Time</b>	10 a.m.	11 a.m.	12 noon
<b>30</b>	<b>Fourth Sunday in Ordinary Time</b>	10 a.m.	11 a.m.	12 noon

### FEBRUARY

<b>6</b>	<b>Fifth Sunday in Ordinary Time</b>	10 a.m.	11 a.m.	12 noon
<b>13</b>	<b>Sixth Sunday in Ordinary Time</b>	10 a.m.	11 a.m.	12 noon
<b>20</b>	<b>Seventh Sunday in Ordinary Time</b>	10 a.m.	11 a.m.	12 noon
<b>27</b>	<b>Eighth Sunday in Ordinary Time</b>	10 a.m.	11 a.m.	12 noon

### **Information for the Mission in General**

Our Mission offers pastoral care, religious education (children and adults: First Holy Communion, Confirmation). Baptisms, weddings, hospital and home visits can be arranged through the Priest.

The Priest is also available for the Sacrament of Reconciliation after Mass and by appointment. For weddings, please contact Father Gilllessen 3 months in advance.

### **English-speaking Roman Catholic Mission**

#### **at St Bernhard's**

Königin-Luise-Str. 33  
14195 Berlin (Dahlem)  
(U3 Dahlem-Dorf,  
Bus X83, X11)  
**Sunday at 11 a.m.**

#### **at St Albert's**

Nestorstr. 10  
10709 Berlin-Halensee  
(U-Bahnhof Adenauerplatz,  
S-Bahnhof Halensee) M19, M29  
Sunday at 12 noon

#### **at All Saints**

Hüttenweg 46  
14195 Berlin-Dahlem  
Bus 285, 115,  
Sunday at 10 a.m.

#### **at Heilig Geist**

Filipino Community  
Bayernallee 28  
14052 Berlin-Charlottenburg  
(S-Bhf.Heerstr./U-Bhf. Neu-Westend)  
Sunday at 3.30 p.m.

#### **at St Michael's**

Ghana Community  
Waldemarstr. 8-10  
10999 Berlin-Kreuzberg  
U-Bhf Moritzplatz  
Sunday at 1 p.m.